

Kaiser Permanente Contraception Coverage for PSHB Members

Kaiser Permanente is deeply committed to providing equitable, compassionate, and high-quality care for all our members. This document summarizes the Kaiser Permanente Postal Service Health Benefits (PSHB) Program contraception exception process and benefits.

➤ Contraception Prescription Drug Coverage

Within our integrated care delivery system, Kaiser Permanente physicians can prescribe medically necessary formulary medications to our PSHB members without unnecessary approvals. To prescribe medically necessary brand-name or non-formulary medications, PSHB members may request an exception. To ensure physicians can make appropriate exceptions without an administrative review, our physicians have the authority to prescribe brand-name or non-formulary drugs if a particular drug is medically necessary and beneficial for an individual member. Members are notified within 24 hours once a decision on the exception request has been made. As a PSHB member, you pay your regular prescription drug copayment for medically necessary brand-name or non-formulary drugs.

➤ Contraception Surgical Coverage

Kaiser Permanente does not have any coverage exceptions for surgical contraception. As an integrated care delivery system, Kaiser Permanente physicians are contracted with us. They can assess the need for surgical contraception based on the Affordable Care Act (ACA) requirements and medical necessity. Therefore, coverage exceptions for surgical contraception are not necessary. Our coverage is based on required guidelines and clinical necessity.

➤ Covered services

Contraceptive coverage is available at no cost to members. Contraceptive benefits include, but are not limited to the following:

- Surgically implanted contraceptives
- Injectable contraceptive drugs (such as Depo Provera)
- Birth control pills
- Contraceptive counseling
- Family planning counseling
- Voluntary sterilization
- Intrauterine devices (IUD)

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➤ Contraceptive education

Kaiser Permanente is committed to providing comprehensive contraceptive coverage to our PSHB members. Contraceptive coverage is in the Plan brochures under Preventive care, Family planning, and Prescription Drug Benefits. Additionally, our Plans' brochures list the websites for the Health and Human Services (HHS), U.S. Preventive Services Task Force (USPSTF), and Health Resources & Services Administration (HRSA), where PSHB members can access additional information on reproductive healthcare.

Information on contraceptive coverage is also available on our preventive care website: [Birth control options | Kaiser Permanente](#). For more information about contraception, or if you have difficulty accessing contraceptive coverage or other reproductive healthcare, you can email OPM at contraception@opm.gov.

For more information, please contact Member Services and refer to the market's Postal Plan brochure. This is a summary of the features of the Kaiser Permanente health plan. Before making a final decision, please read the Plan's Postal brochure (Northern California RI 73-921; Fresno California RI 73-919; Southern California RI 73-923; Colorado RI 73-918; Georgia RI 73-926; Hawaii RI 73-920; Maryland, Virginia, Washington D.C. RI 73-927; Oregon, Southwest Washington RI 73-922; Washington Core RI 73-924; Washington Options Federal RI 73-925). All benefits are subject to the definitions, limitations, and exclusions set forth in the Postal Plan brochure.